

# ABILENE REGIONAL COUNCIL on ALCOHOL AND DRUG ABUSE, INC.

## MEMORANDUM OF UNDERSTANDING

This memorandum of understanding is entered into between the Helen Farabee Centers contracting with Abilene Regional Council on Alcohol and Drug Abuse, Inc. (ARCADA) and Montague County for the purpose of providing prevention/intervention/treatment/recovery programs that offer constructive methods designed to prevent and/or interrupt the onset or progression of substance abuse. This Understanding will be submitted to meet the requirements of the community-based process for the Outreach, Screening, Assessment, and Referral program funded by the **Texas Health and Human Services Commission (HHSC)**.

**The Abilene Regional Council on Alcohol and Drug Abuse will be responsible for facilitating the following tasks and objectives:**

- Attend meetings of community and social service agencies, judicial and/or law enforcement departments, probation/parole departments, mental health and co-occurring psychiatric and substance abuse disorders (COPSD) service providers, Federally Qualified Health Centers, Regional Public Health Centers and the Department of Family and Protective Services to foster coalition building, networking, environmental strategies, service enhancement, regional substance abuse treatment system issue resolution, and community mobilization through the community-based process. These meetings also include quarterly collaborative meetings organized by ARCADA.
- Provide screening, assessment, and problem identification and referral services for adults/youth who have indulged in or are at risk of indulging in the use of ATOD and their families that may include as appropriate: placement into treatment programs such as detoxification, outpatient, and intensive residential; recovery support services; interim services; and follow-ups to determine if the client presented at referral locations for adults and youth.
- Brief interventions including, but not limited to crisis intervention and Motivational Interviewing (MI) will be offered as pre-treatment services to help individuals move through the stages of change to a state of readiness to address substance use problems. Motivational counseling and referrals to other support services will be offered to assist the client in maintaining engagement in the recovery process and while waiting for residential treatment.
- Provide initial interim services through weekly Interim Services Groups in Abilene and Wichita Falls for individuals awaiting residential treatment placement. The Abilene Interim Services Group meets on Mondays at 4:00 p.m. at 104 Pine St., Suite 217. The Wichita Falls Interim Services Group meets on Mondays at 4:00 p.m. at 2910 Kemp Blvd., Suite 214.
- In addition to offering the weekly Interim Services Groups, OSAR Counselors will maintain weekly contact with clients who are on treatment waiting list(s) until they are admitted into treatment.
- When immediate treatment capacity is not available, OSAR Counselors will contact multiple treatment facilities to determine which facility has the shortest wait list and make every effort to ensure the shortest waiting period possible for the client. OSAR Counselors may also contact HHSC OSAR and Treatment Program Specialists to assist in finding treatment placement. OSAR Counselors may also place the client on waitlists at multiple treatment facilities as part of the referral process. Once the client is successfully admitted into a treatment facility, the OSAR Counselor will contact the other facilities to remove the client from their wait list.
- ARCADA will determine and document financial eligibility for services through HHSC, and other funding sources at the time of screening. If the client is not eligible for HHSC funding, ARCADA will provide and document referrals to alternative service providers consistent with the client's needs and financial resources.
- Outreach Program Coordinators will follow screening procedures to identify members of priority populations. HHSC has established priority populations for treatment in accordance with Federal Substance Abuse Block Grant regulations and state designation. Treatment Contractors shall give preference for treatment services in the following order of priority: pregnant injecting drug users; pregnant substance abusers; injecting drug users; parents with children in foster care; and veterans with honorable discharges. Department of Family and Protective Services (DFPS) referrals must receive priority admission behind the priority population. Outreach Program Coordinators will coordinate with the treatment provider to insure that clients on the OSAR waitlist are being admitted in an appropriate and timely manner.
- Conduct and document an Informed Consent for all opioid/opiate dependent individuals seeking treatment. The Informed Consent will include the following options: 1) opioid substitution therapy 2) medically managed detoxification/treatment or 3) no treatment.
- Provide general overdose prevention education to all clients (to include education on naloxone) and specific overdose prevention activities for clients with opioid use disorders and clients that use drugs intravenously.
- Provide referrals to ARCADA's Pregnant Postpartum Intervention (PPI) program for pregnant and postpartum females (adult and youth) with substance use disorders or who are at risk of developing substance use disorders as appropriate.
- Provide referrals to ARCADA's Recovery Support Services (RSS) program for integrated recovery support for qualified individuals who are motivated to sustain their substance abuse recovery and work toward achieving recovery-oriented personal goals, as appropriate.

- Provide screenings for tuberculosis (TB), hepatitis B and C, sexually transmitted diseases (STDs), and Human Immunodeficiency Virus (HIV). Outreach Program Coordinators will make referrals to community resources for further testing and counseling when appropriate.
- Upon determining that a client has a Co-Occurring Psychiatric and Substance Use Disorder (COPSD), the Outreach Program Coordinator will refer the client to an HHSC-funded Local Mental Health Authority (LMHA), HHSC-funded COPSD provider, or other appropriate community resources.
- Outreach Program Coordinators will assess tobacco use for all clients and provide tobacco cessation assistance for clients who choose to pursue quitting.
- ARCADA will provide OSAR services at the following locations: Monday through Friday from 8:00 a.m. to 12:00 p.m. and 1:00 p.m. to 5:00 p.m. at 104 Pine St., Suite 205, Abilene TX 79601; by appointment Monday through Friday at 2910 Kemp Blvd., Suite 214, Wichita Falls, TX 76308; and by appointment at various locations in the following towns: Albany, Anson, Ballinger, Bowie, Breckenridge, Brownwood, Coleman, Colorado City, De Leon, Eastland, Graham, Hamlin, Haskell, Snyder, Stamford, Sweetwater, and Vernon. Travel to outreach locations will be based upon the individual community's need for ARCADA's OSAR services. In order for an OSAR counselor to schedule travel to an outreach location, a minimum of three clients must be scheduled on the same day. If fewer than three clients are scheduled, an appointment will be offered at the Abilene or Wichita Falls office for clients needing immediate assistance. Please contact ARCADA at 325-673-2242 or 800-588-8728, ext. 100 for more information or to schedule an appointment in the Abilene area or 940-224-6200 in the Wichita Falls area.

**Montague County agrees to support and assist in the following tasks:**

- Utilize ARCADA presentation and/or information dissemination services for clients and/or staff when appropriate.
- Refer clients and/or staff for ARCADA's OSAR services and programs for prevention, intervention, and recovery support purposes.
- Provide a confidential setting for ARCADA's OSAR to conduct screening, assessment, and/or brief intervention services when appropriate.
- Provide consents for release of confidential information to Outreach Program Coordinators and ARCADA in order to insure coordination of services for OSAR clients and assist in the continuum of care process when appropriate.
- Agree to comply with all state and federal laws, regulations, rules, procedures and policies regarding confidentiality and protection of client information and records.
- Offer networking and coalition building assistance for community mobilization, environmental and social policy making, cross referral, and regional substance abuse treatment system issue resolution purposes which includes providing representation at quarterly collaborative meetings organized by ARCADA.

**FISCAL YEAR 2017 GRANT PERIOD (September 1, 2016-August 31, 2017)**

Signature:

Karla Rose  
 Karla Rose  
 Executive Director  
 ARCADA

ARCADA Contact Person:  
 Misty Ross, BS, LCDC  
 OSAR Program Director  
 940-224-6200

Signature:

Reid Lewis  
 Printed Name

Courtesy Judge  
 Title

Key Contact Person

940 894 2401  
 Telephone Number

